



Aomori, Hakkoda, Oirase, Lake Towada Area

#### Aomori Art Museum (Aomori City)

At the permanent exhibition hall, there are works by At the permanent exhibition half, there are works by artists from Aomori on display. Starting with the fine arts, the museum aims to transmit to the world Aomori's arts culture which is active in developing several cultural and artistic activities and projects. One of the most popular works in the museum is Yoshitomo Nara's "Aomori-Ken."



#### Sannai-Maruyama Site

(Aomori City) [Map D-4]

The Sannai-Maruyama Site is one of Japan's largest archeological sites from the early-to mid-Jomon period (from approximately 5,500 to 4,000 years age). It is nationally designated as a special historic site and many excavated articles are on display.

#### **Nebuta Festival**

(Aomori City) [Map D-4]

The Aomori Nebuta Festival is one of the representative festivals of Japan. It is an energetic festival held in the summer in Aomori,



#### Lake Towada Winter Stories Festival

(Towada City) [Map F-5]

Fireworks launched into the clear winter sky create a fantastic world. Various events are held, including the live performance of the Tsugaru Shamisen.



#### Oirase Gorge (Towada City)

Lake Towada (Towada City) [Map F-5]

sulas jutting out. V ery all year round,

[Map F-5]

The beauty of this 14-kilomter gorge is endless, scattered with its many scenic spots including characteristic mountain streams and waterfalls. It is especially pleasant to take a walk during the season of new green leaves, or autumn leaves.



#### Mt. Hakkoda

(Aomori City) [Map E-5]

The highest summit is 1584.4 meters above sea level. Mt. Hakkoda is a mine of swamps and alpine plants, and visitors can enjoy a majestic landscape from the ropeway throughout the four seasons, such as new green leaves, autumn leaves and rime on trees in winter.



Lake Towada is a double caldera lake with a scatter-ing of large and small islands, including two penin-sulas jutting out. Visitors can enjoy beautiful scen-

ially during the season of





Experience for yourself how a novelist born in Tsugaru felt about his fond hometown.

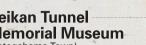
Tsugaru Peninsula Area



#### Seikan Tunnel Memorial Museum

(Sotogahama Town) [Map B-3]

The undersea length is 240 meters and the total itors can see a part of the tunnel by taking a cable car ride.

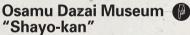


length is 53.85 kilometers. This museum commemorates the completion of the world's largest undersea tunnel, the "Seikan Tunnel." The whole picture of the tunnel is presented and vis-

#### Tsugaru Shamisen **Tourist Hall**

(Goshogawara City) [Map D-3]

History of the Tsugaru Shamisen, Tsugaru folk music and local performing arts are presented in an exhibition room. Visitors can enjoy the live performance of the Tsugaru Shamisen every day. A tourist information video is also screened.



(Goshogawara City) [Map D-3]

This is the birthplace of Osamu Dazai, the most prominent writer born in Tsugaru. The adjacent warehouse is used as an exhibition room in which valuable materials, such as his manuscripts and favorite cloak, are displayed.



#### Tsuru-no-Mai Bridge

(Tsuruta Town)

[Map E-3]

Made with top-grade Aomori Hiba lumber, 300meter long Tsuru-no-Mai Bridge is the longest triple arch wooden bridge in Japan. Spanning Tsugaru Fujimi Lake and boasting a view of Mt. lwaki in the background, this popular tourist attraction looks like a crane flying into the sky.



#### Goshogawara Tachineputa

(Goshogawara City)

In 1996, volunteers in Goshogawara City restored giant float figures called Tachineputa based on old photos of Neputa (giant lanterns). A town procession of heroic Tachineputa of 23 meters in height is nothing but overwhelming. Visitors can enjoy watching these figures at the 'Tachineputa no Yakata (Tachineputa Museum)' all year round.





With winds up to 10m or more year-round and a favorable view of Hokkaido on a clear day,

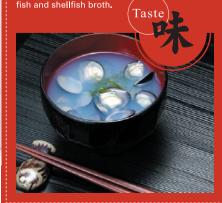
Cape Tappi is located at the northern end of

ugaru Peninsula. It is visited by many litpeople and famous personalities.

# Shijimijiru

(corbiculae soup)

Lake Jusan, a brackish lake that consists of seawater and fresh water is nationally famous as a mine of corbicula japonica. The seashells are rich in nutrients and the taste is unbelievably deep. They are flavored with fish and shellfish broth.





## **Stove Train** of Tsugaru Railwa (between Goshogawara Station and Nakasato Station)

The Stove Train has been in service since 1940. With an atmospheric coal potbelly stove inside, it has a nostalgic atmosphere with wooden window frames and floors. It makes two round trips a day from December to March.

Watching the sun set over the sea,

your body and soul will be relaxed.

Hirosaki, South Tsugaru, West Coast



## World Natural Heritage Site "Shirakami-Sanchi"

The Shirakami-Sanchi includes one of the world's largest virgin beech forests, which extends

across Aomori Prefecture and Akita Prefecture, It has been registered as one of the World Natural Heritage Sites since 1993. It is home to a variety of fauna and flora and serves as a preservation site of a precious ecosystem,



#### Kuroishi hot springs

[Map E-4]

With a history of more than 400 years, Kuroishi is popular among many customers as an area of hot springs. Nationally-known Tsugaru Kokeshi dolls originated



This is a famous outdoor bath, representative of the Tohoku area, on the shoreline of the Sea of Japan. People can bathe either in a mixed bath or a female bath, and can enjoy watching the sun sinking in the dynamic ocean.

#### Anmon Falls (Nishimeya Village)

The Anmon Falls is a collective term for three falls with a head drop of 26 meters, 37 meters, and 42 meters, respectively. The Anmon Falls is one of the most famous scenic spots in the Shirakami-Sanchi. The clear water spilling out of the beech forest and flowing through the area should not be



#### WeSPa Tsubakiyama (Fukaura Town)

[Map E-1]

The WeSPaTsubakiyama is a resort facility surrounded with nature, such as the World Natural Heritage Site "Shirakami-Sanchi" and the Sea of Japan. In an outdoor natural hot spring bath with a dome-shaped movable roof, guests can enjoy bathing and watching a superb view of the Sea of Japan and the sun going below the horizon.

# Lake Juni (Fukaura Town)

Lake Juni is actually a collection of 33 lakes and ponds that are scattered in the western part of the World Natural Heritage Site "Shirakami-Sanchi." The shining surface of Aoike (Blue Pond) is especially beautiful, as if blue ink has been dissolved in the water. Visitors can also enjoy taking a walk in a virgin beech

#### Cherry Blossoms in Hirosaki Park [Hana-Ikada]

(Hirosaki City) [Map E-3]

Hirosaki Park is one of the major cherry blossom-viewing spots in Japan. In spring, about 2,600 cherry trees bloom, and create captivating and beautiful scenery with the castle tower, three turrets, five castle gates and triple moats. The photo shows cherry blossom petals creating what is known as Hana-Ikada (translating literally as "flower rafts"), carpeting the water surface of the moat,

#### Kenoshiru

Kenoshiru is a soup in which

finely-diced daikons (Japanese white radishes), carrots, all kinds of edible wild plants, frozen and dried tofu and deep-fried

tofu puffs are simmered, and it is seasoned with miso (soybean paste). It is a local dish in Tsugaru and people start to eat it little by little from the Lunar New Year.







The history of the Jomon period is reviving. Enjoy the romantic old days.

Hachinohe, Towada, Misawa

Sanriku Reconstruction National

Designated as the Sanriku Reconstruction National Park on

May 24th, 2013, the park stretches 12km and is considered a

rare coastal area in Japan due to a large expanse of green

stretching all the way to the beaches. The park was chosen

as one of Japan's 100 best scenic beaches, and in 2002 it

was recognized as one of Japan's 100 best scenic walkways.

Beautiful coastal flora are in bloom from Spring to Fall.

Park, Tanesashi Coast

(Hachinohe City)

[Map F-8]

#### **Towada Municipal** Museum of Modern Art

The Towada Municipal Museum of Modern Art features works by 21 Japanese and international artists depicting scenes inspired by people's everyday lives in cities and within nature. Built under the concept of "a house for the purpose of art," it is worth seeing the atmosphere created by the architecture of these buildings and the works they



#### Misawa Aviation & Science Museum

(Misawa City) [Map E-7]

The Misawa Aviation & Science Museum displays a replica aircraft of the Miss Veedle, which completed the world's first nonstop flight across the Pacific Ocean, and YS-11, the first domestically produced transportation aircraft after the war. Visitors of all ages can enjoy this museum.

#### Miroku Yokocho

(Hachinohe City)

[Map F-7]

This is a new sightseeing spot in Hachinohe, in which a row of food stalls that provide a variety of menus remind us of the atmosphere of the 50s and 60s with retro-flavored name boards and apnearances



# Hokoji Temple

(Nanbu Town)

[Map G-7]

Hokoji Temple, which is said to have been established since the Kamakura Period (from approximately 800 years age), is one of the most famous temples of the Soto Zen School in the Tohoku area. There is also the tallest three-story pagoda in Japan and the Senbonmatsu over 600 years old, which was chosen as one of the 100 best pine trees in Japan.

## Tapukopu Soyu Village

(Takko Town) [Map G-6]

This village is a hands-on experience-based facility in which the landscape of old farming villages with a row of "Nambu Magari-ya (Nambu L-shaped farmers' houses)," thatch-roofed traditionally buildings, are recreated. Visitors can also enjoy making ceramics.

#### Clay figure joining its hands in prayer (Hachinohe City) [Map F-7]

963 relics that date back to the latter half of the late Jomon period (from approximately 3,500 years age), excavated from the Kazahari Site in Hachi-

nohe City, were designated as important cultural as-. sets by the national government. Among them, only the "Gassyo Dogu (clay figure joining its hands in prayer) was designated as a national treasure in 2009 as a precious material of the Jomon site, partly because in Japan there is no other seated clay figure joining its hands in near-perfect condition.



Collection of Hachinohe City

# Senbeijiru

Senbeijiru is a local dish that represents the southeast area of Aomori.

Especially-toasted rice crackers for soup and vegetables are put into stock made of mackerels and seaweed.



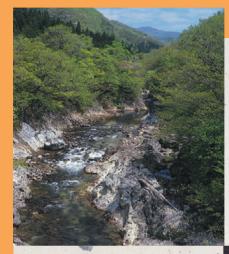






You will be surrounded with the magnificent ocean and beautiful flowers in full bloom.

#### Shimokita Peninsula Area



## Kawauchigawa Valley

(Mutsu City) [Map B-5]

Kawauchigawa is the most affluent river in the Shimokita Peninsula. A 4,4-kilometer walking trail is maintained, and visitors can enjoy a variety of beautiful valley sites, such as shoals, pools and falls,

#### Yagen Gorge

(Mutsu City)

[Map A-6]

A walking trail along the green valley is this area's attraction. The Yagen hot spring and a virgin hiba forest are located in the vicinity, and visitors can enjoy an outdoor hot spring bath in the Oku-Yagen hot spring.



Yokohama Town has the largest rape blossom field in Japan. Every year, the Rape Blossom Festival is held on the third Sunday of May.

Rape Blossom Festival

#### Osorezan

(Yokohama Town)

(Mt. Osore) (Mutsu City)

[Map C-6]

[Map B-6]

Osorezan is one of the three major holy sites in Japan and Lake Usori is surrounded with eight sommas. The Osorezan Grand Festival is held in July and an autumn pilgrimage to Osorezan is made at the beginning of October.



(horses which stand through the cold) (Higashidori Village)

[Map A-7]

The breeding of Kandachime for military purposes dates back to the clan period. They are put out to graze around Cape Shiriya. Their



# Cape Shiriya (Higashidori Village)

[Map A-7]

This region has been designated as the Shimokita Peninsula Quasi-National Park since 1968, and the Cape Shiriya Lighthouse, which started to operate in 1901 as the first electric lighthouse in Japan and is the symbol of the park, was chosen as one of the "50 best lighthouses in Japan.

## Cape Oma

[Map A-5]

land of Honshu, jutting out into the Tsugaru Straits. Also known for being an excellent spot for single-hook tuna fishing, the port is full of life as a gateway to northern Japan and also serves as a stage for movies and TV programs.



# (Oma Town)

Cape Oma is the northernmost cape on the main-



# Bowl of rice topped with raw seafood

Fresh seafood including tuna in Oma is a specialty of the Shimokita Peninsula, which is surrounded on three sides by water.























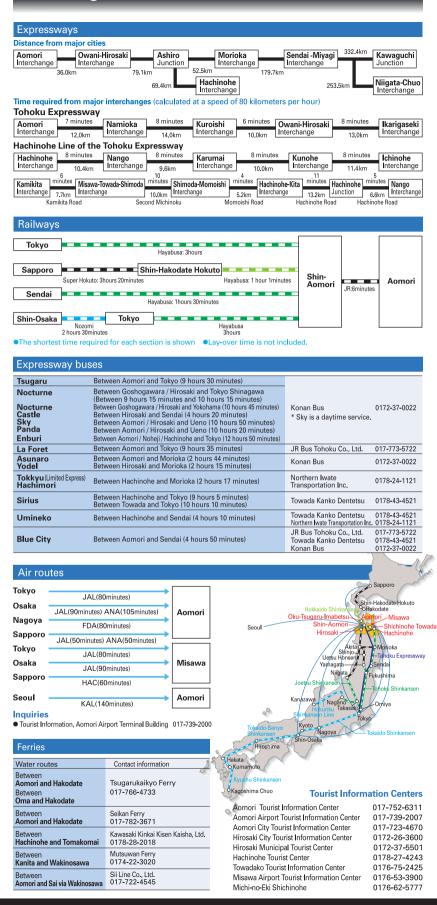








#### Access guide



# Aomori Tourist Information



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